# Health Science Major Form

**Name:** __________________________________  **Date:** ________________

**Student ID:** _______________________________  **Phone:** ________________

### Related Professional Area Requirements: (8 hours)

- [ ] CISC 1370 Computer Literacy
- (or Demonstrated Proficiency)
- [ ] BIOL 1411 Human Anatomy & Physiology
- [ ] BIOL 1411 Human Anatomy & Physiology
- [ ] LESC XXXX Selection of a one hour course

### Required Health Science Courses: (54 hours)

- [ ] HSCI 1370 Personal Health
- [ ] HSCI 2302 Exercise, Wellness and Lifestyle
- [ ] HSCI 2372 Care and Prevention of Injuries
- [ ] HSCI 2401 Nutrition
- [ ] HSCI 3210 Individual Sports
- [ ] HSCI 3220 Team Sports
- [ ] HSCI 3310 Coaching Theory/Methodology
- [ ] HSCI 3320 History/Principles of Health & Fitness
- [ ] HSCI 3302 Exercise Physiology
- [ ] HSCI 3372 Advanced First Aid
  - or
  - [ ] HSCI 4372 Instructor Training
- [ ] HSCI 3402 Kinesiology
- [ ] HSCI 4330 Physical Activity and Sports Health
- [ ] HSCI 4340 Adaptive Physical Education
- [ ] HSCI 4350 Teaching Health & Physical Education
- [ ] HSCI 3377 Drug Education
- [ ] HSCI 4376 Mental Health Education
- [ ] HSCI 4374 Family Life and Sex Education

### Minor in Secondary Education /Certification

(18 hours)

*(Students must be admitted to Secondary Education Minor)*

□ Block One: (recommended for junior year)

- [ ] SCED 3210 Instructional Skills and Assessment
- [ ] SCED 3110 Instructional Skills and Assessment

□ Block Two: (recommended for senior year)

- [ ] SCED 4321 Teaching Diverse Adolescents
- [ ] SCED 4122 Classroom Management
- [ ] SCED 4134 Adolescents with Special Needs
- [ ] SCED 4124 Adolescent Diversity Practicum

□ Block Three: (recommended for senior year)

- [ ] SCED 4330 Reflective Teaching and Professional
- [ ] SCED 4600 Clinical Experience/Student Teaching