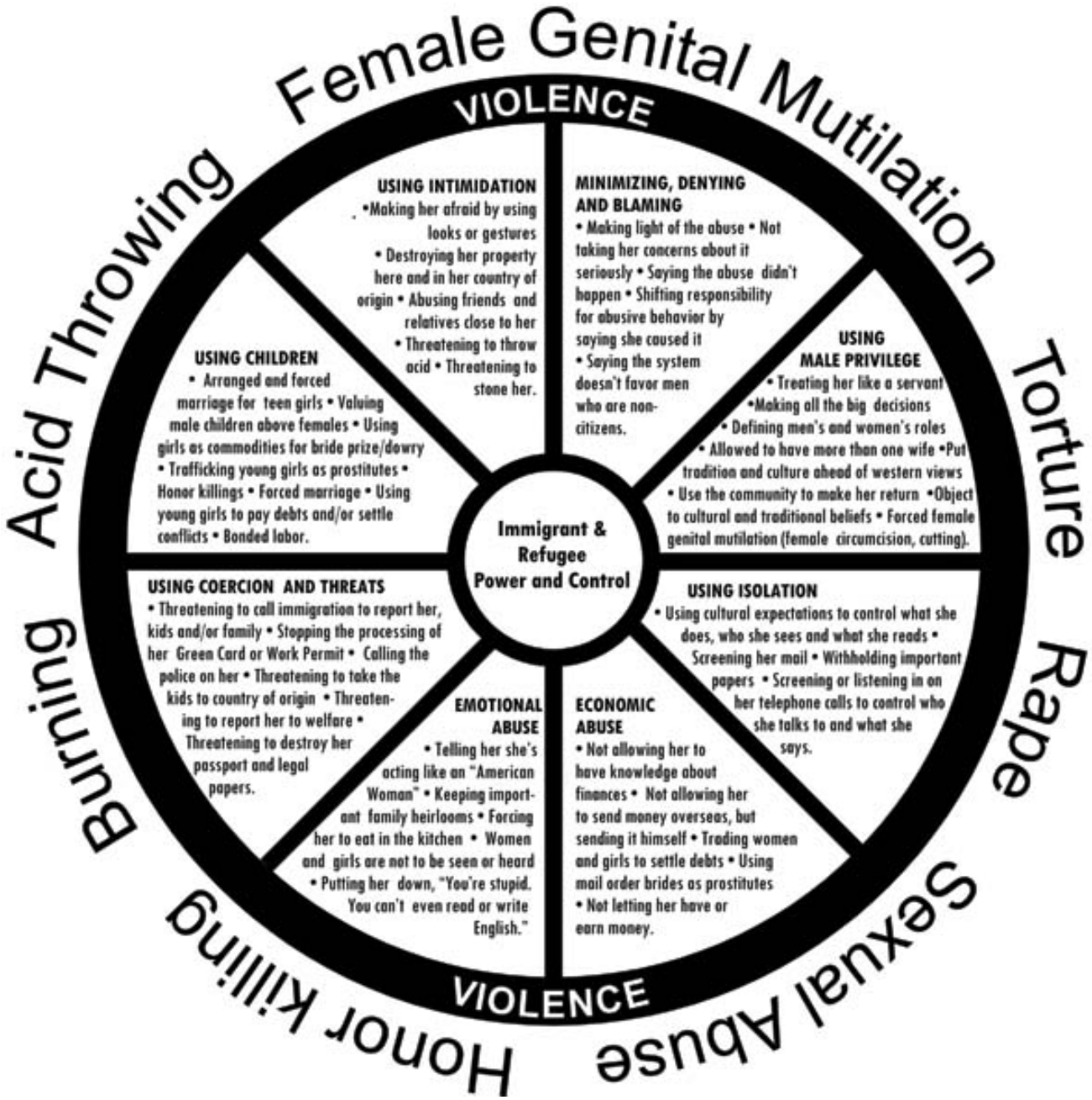Immigrant and Refugee Power & Control Wheel